



# Nature's Table

Brochure 2023

New recyclable packs



Good for you, good for the planet



FLEXITARIANISM

Goodness on the Go



PROTEIN PACKED

PACKED IN THE UK





Free  
Snack  
Station\*



- ✓ New recyclable packaging...because we care
- ✓ Largest range in the category.
- ✓ Gluten free, vegan & vegetarian options
- ✓ Protein packed with good fats & vitamins\*\*
- ✓ 48 hour direct to store delivery.
- ✓ Professional customer service ordering model
- ✓ Sale or replacement, so no risk.
- ✓ Highly attractive margins
- ✓ Telephone or on-line ordering options.

**Tel: 0333 666 0990**

[enquiries@natures-table.co.uk](mailto:enquiries@natures-table.co.uk)  
[www.naturestablesnacks.co.uk](http://www.naturestablesnacks.co.uk)

\*Subject to T&Cs. \*\*Check individual bags.



**Nature's  
Table**





# Intro

For over 30 years Nature's Table has been a leading supplier of quality snacking products.

Our wide and innovative range product range including Nuts, Dried Fruit, Seeds and Mixes as well as Chocolate and Yoghurt Coated products offers a tasty alternative to crisps and traditional snacks. We also offer a comprehensive range of herbs & spices. All these products can be viewed and ordered on our website.

# Contents

|                |        |
|----------------|--------|
| Intro          | Pg 3   |
| Savoury Snacks | Pg 4-5 |
| Sweet Snacks   | pg 6   |
| Herbs & Spices | Pg 7-8 |



## Nature's Table

Retailers like to use us as their storage partners because we can deliver within 48 hours allowing you to keep stock at a minimum - what's not to love...'





# NATURE'S TABLE SNACK LIST 2023

| Code   | Description              | Pack Weight (gm) | No. packs | RRP    | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|--|--------------------------|------------------|-----------|--------|-------------|-----|-------------------------|---------------|
| <b>Nature's Table Savoury Snacking Range - Price Marked - Recyclable packaging</b> |                          |                  |           |        |             |     |                         |               |
| SNPRZ04  | Salted Pretzels          | 25               | 12        | £ 0.69 | £ 5.50      |     | 5060170231388           | 5060170231395 |
| SNCHC04  | Chilli Crackers          | 30               | 12        | £ 0.99 | £ 7.95      |     | 5060170231609           | 5060170231616 |
| MXFRN04  | Fruit & Nut Mix          | 70               | 12        | £ 0.99 | £ 7.95      |     | 5060170231708           | 5060170231715 |
| MXTRO04  | Tropical Mix             | 70               | 12        | £ 0.99 | £ 7.95      |     | 5060170231463           | 5060170231470 |
| NPRSP04  | Roasted & Salted Peanuts | 65               | 12        | £ 1.19 | £ 7.95      | V   | 5060170231647           | 5060170231654 |
| NPDRP04  | Dry Roasted Peanuts      | 65               | 12        | £ 1.19 | £ 7.95      | V   | 5060170231661           | 5060170231678 |
| NPHRP04  | Honey Roasted Peanuts    | 65               | 12        | £ 1.29 | £ 8.75      | V   | 5060170231746           | 5060170231753 |





| Code | Description | Pack Weight (gm) | No. packs | RRP | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|

**Nature's Table Savoury Snacking Range - Price Marked - Recyclable packaging - Continued**

|         |                                 |    |    |        |         |   |               |               |
|---------|---------------------------------|----|----|--------|---------|---|---------------|---------------|
| MXFNS04 | Fruit, Nut & Seed Mix           | 65 | 12 | £ 1.29 | £ 10.50 |   | 5060170231821 | 5060170231838 |
| MXMXN04 | Raw Mixed Nuts                  | 70 | 12 | £ 1.29 | £ 10.50 |   | 5060170231944 | 5060170231951 |
| SNCHP04 | Chilli Coated Peanuts           | 65 | 12 | £ 1.29 | £ 8.75  | V | 5060170231982 | 5060170231999 |
| MXPMX04 | Power Mix                       | 70 | 12 | £ 1.49 | £ 11.95 |   | 5060170231807 | 5060170231814 |
| MXAEM04 | Afternoon Energy Mix            | 65 | 12 | £ 1.49 | £ 11.95 |   | 5060170232842 | 5060170231859 |
| NPMXN04 | Roasted & Salted Mixed Nuts     | 60 | 12 | £ 1.69 | £ 11.50 | V | 5060170232002 | 5060170232019 |
| NRALM04 | Whole Raw Almonds               | 70 | 12 | £ 1.89 | £ 15.50 |   | 5060170232040 | 5060170232057 |
| NRCSH04 | Whole Raw Cashews               | 60 | 12 | £ 2.19 | £ 17.75 |   | 5060170232088 | 5060170232095 |
| NPPST04 | Roasted & Salted Pistachios     | 60 | 12 | £ 2.49 | £ 19.95 |   | 5060170232149 | 5060170232156 |
| NPRSC04 | Roasted & Salted Cashews        | 60 | 12 | £ 2.49 | £ 16.95 | V | 5060170232187 | 5060170232194 |
| NPHRC04 | Honey Roasted Cashews           | 60 | 12 | £ 2.49 | £ 16.95 | V | 5060170232736 | 5060170232743 |
| NPSSC04 | Sweet & Salty Cashews           | 60 | 12 | £ 2.49 | £ 16.95 | V | 5060170232853 | 5060170234860 |
| NPCCC04 | Chilli Coated Cashews           | 60 | 12 | £ 2.49 | £ 16.95 | V | 5060170232880 | 5060170232897 |
| NPRSA04 | Roasted & Salted Almonds        | 60 | 12 | £ 2.49 | £ 16.95 | V | 5060170232880 | 5060170232354 |
| NPBPC04 | Black Pepper & Sea Salt Cashews | 60 | 12 | £ 2.69 | £ 18.50 | V | 5060170232163 | 506017232170  |



**Help celebrate - 10% off all orders for new customers**





| Code   | Description                               | Pack Weight (gm) | No. packs | RRP    | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|--|---|------------------|-----------|--------|-------------|-----|-------------------------|---------------|
| <b>Nature's Table Sweet Snacking Range - Price Marked - Recyclable packaging</b> |   |                  |           |        |             |     |                         |               |
| CFCRS04  | Chocolate Coated Raisins                  | 70               | 12        | £ 1.29 | £ 8.95      | V   | 5060170231500           | 5060170231517 |
| CFCPN04  | Chocolate Coated Peanuts                  | 70               | 12        | £ 1.29 | £ 8.95      | V   | 5060170231487           | 5060170231494 |
| CFYPN04  | Yoghurt Coated Peanuts                    | 70               | 12        | £ 1.29 | £ 8.95      | V   | 5060170231524           | 5060170231531 |
| CFYRS04  | Yoghurt Coated Raisins                    | 70               | 12        | £ 1.29 | £ 8.95      | V   | 5060170231548           | 5060170231555 |
| CFYBN04  | Yoghurt Coated Banana Chips               | 70               | 12        | £ 1.29 | £ 8.95      | V   | 5060170231869           | 5060170231876 |
| CFYCR04  | Yoghurt Coated Cranberries                | 70               | 12        | £ 1.39 | £ 9.95      | V   | 5060170231180           | 5060170231197 |
| CFCHC04  | Chococlote Coated Honeycomb               | 70               | 12        | £ 1.39 | £ 9.95      | V   | 5060170234525           | 5060170234600 |
| CFCSC04  | Chocolate Coated Sea Salt & Caramel Fudge | 70               | 12        | £ 1.69 | £ 11.25     | V   | 5060170234532           | 5060170234617 |
| CFCBZ04  | Chocolate Coated Brazil Nuts              | 65               | 12        | £ 1.69 | £ 11.25     | V   | 5060170231968           | 5060170231975 |
| CFCHZ04  | Chocolate Coated Hazelnuts                | 70               | 12        | £ 1.69 | £ 11.25     | V   | 5060170231166           | 5060170231173 |





| Code | Description | Pack Weight (gm) | No. packs | RRP | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|

### Herbs and Spices Range - Non Price Marked

|       |                       |           |   |       |       |  |               |  |
|-------|-----------------------|-----------|---|-------|-------|--|---------------|--|
| HS040 | Allspice (Ground)     | 40        | 6 | £1.50 | £6.95 |  | 5027244050399 |  |
| HS001 | Basil                 | 20        | 6 | £1.50 | £6.95 |  | 5027244050085 |  |
| HS002 | Bay Leaves            | 10        | 6 | £1.50 | £6.95 |  | 5027244050252 |  |
| HS041 | Bouquet Garnie        | 6 sachets | 6 | £1.50 | £6.95 |  | 5027244050405 |  |
| HS003 | Cardamom (Pods) Green | 10        | 6 | £1.50 | £6.95 |  | 5027244050351 |  |
| HS004 | Cayenne Pepper        | 50        | 6 | £1.50 | £6.95 |  | 5027244050122 |  |
| HS005 | Chillies (Ground)     | 50        | 6 | £1.50 | £6.95 |  | 5027244050009 |  |
| HS007 | Chinese 5 Spice       | 40        | 6 | £1.50 | £6.95 |  | 5027244050276 |  |
| HS008 | Chives                | 15        | 6 | £1.50 | £6.95 |  | 5027244050306 |  |
| HS009 | Cinnamon (Ground)     | 50        | 6 | £1.50 | £6.95 |  | 5027244050030 |  |
| HS010 | Cinnamon (Sticks)     | 20        | 6 | £1.50 | £6.95 |  | 5027244050160 |  |
| HS046 | Cloves (Ground)       | 18        | 6 | £1.50 | £6.95 |  | 5027244050450 |  |
| HS011 | Cloves (Whole)        | 18        | 6 | £1.50 | £6.95 |  | 5027244050290 |  |





| Code | Description | Pack Weight (gm) | No. packs | RRP | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|

### Herbs and Spices Range - Non Price Marked - Continued

|       |                    |        |   |       |       |  |               |  |
|-------|--------------------|--------|---|-------|-------|--|---------------|--|
| HS012 | Coriander (Ground) | 40     | 6 | £1.50 | £6.95 |  | 5027244050139 |  |
| HS013 | Coriander (Leaves) | 10     | 6 | £1.50 | £6.95 |  | 5027244050221 |  |
| HS047 | Coriander Seeds    | 40     | 6 | £1.50 | £6.95 |  | 5027244050467 |  |
| HS014 | Cumin (Ground)     | 50     | 6 | £1.50 | £6.95 |  | 5027244050153 |  |
| HS048 | Cumin Seeds        | 50     | 6 | £1.50 | £6.95 |  | 5027244050474 |  |
| HS039 | Curry (Hot)        | 50     | 6 | £1.50 | £6.95 |  | 5027244050382 |  |
| HS038 | Curry (Medium)     | 50     | 6 | £1.50 | £6.95 |  | 5027244050375 |  |
| HS037 | Curry (Mild)       | 50     | 6 | £1.50 | £6.95 |  | 5027244050368 |  |
| HS049 | Curry (Thai Green) | 35     | 6 | £1.50 | £6.95 |  | 5027244050481 |  |
| HS015 | Dill Herb          | 15     | 6 | £1.50 | £6.95 |  | 5027244050337 |  |
| HS018 | Ginger (Ground)    | 40     | 6 | £1.50 | £6.95 |  | 5027244050108 |  |
| HS019 | Italian Seasoning  | 40     | 6 | £1.50 | £6.95 |  | 5027244050184 |  |
| HS021 | Mint               | 20     | 6 | £1.50 | £6.95 |  | 5027244050238 |  |
| HS022 | Mixed Herbs        | 20     | 6 | £1.50 | £6.95 |  | 5027244050061 |  |
| HS023 | Mixed Spices       | 50     | 6 | £1.50 | £6.95 |  | 5027244050245 |  |
| HS057 | Mulled Wine Spices | 4 bags | 6 | £1.50 | £6.95 |  | 5027244050566 |  |
| HS024 | Nutmeg (Ground)    | 20     | 6 | £1.50 | £6.95 |  | 5027244050146 |  |
| HS025 | Nutmeg (Whole)     | 20     | 6 | £1.50 | £6.95 |  | 5027244050191 |  |



| Code | Description | Pack Weight (gm) | No. packs | RRP | Trade Price | VAT | Individual Pack Barcode | Outer Barcode |
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|
|------|-------------|------------------|-----------|-----|-------------|-----|-------------------------|---------------|

### Herbs and Spices Range - Non Price Marked - Continued

|       |                             |    |   |       |       |  |               |  |
|-------|-----------------------------|----|---|-------|-------|--|---------------|--|
| HS026 | Oregano                     | 20 | 6 | £1.50 | £6.95 |  | 5027244050092 |  |
| HS027 | Paprika (Hungarian)         | 35 | 6 | £1.50 | £6.95 |  | 5027244050023 |  |
| HS028 | Parsley                     | 15 | 6 | £1.50 | £6.95 |  | 5027244050115 |  |
| HS060 | Pepper (Ground – Black)     | 30 | 6 | £1.50 | £6.95 |  | 5027244050597 |  |
| HS029 | Peppercorns (Whole – Black) | 30 | 6 | £1.50 | £6.95 |  | 5027244050054 |  |
| HS032 | Rosemary                    | 20 | 6 | £1.50 | £6.95 |  | 5027244050047 |  |
| HS033 | Sage                        | 25 | 6 | £1.50 | £6.95 |  | 5027244050016 |  |
| HS062 | Sesame Seeds                | 50 | 6 | £1.50 | £6.95 |  | 5027244050610 |  |
| HS034 | Tarragon                    | 12 | 6 | £1.50 | £6.95 |  | 5027244050283 |  |
| HS035 | Thyme                       | 30 | 6 | £1.50 | £6.95 |  | 5027244050078 |  |
| HS036 | Turmeric                    | 40 | 6 | £1.50 | £6.95 |  | 5027244050269 |  |

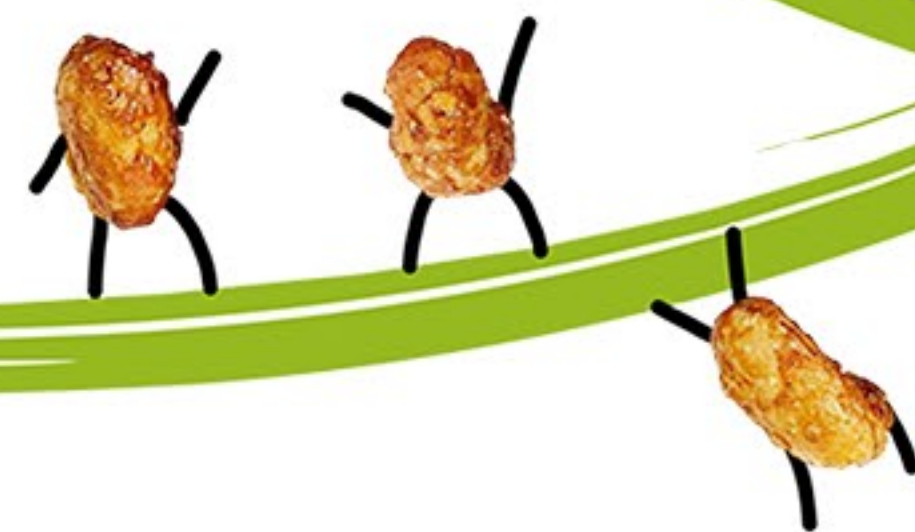


10% Off First Order

10% Off First Order

ONLINE ORDERING  
DIRECT TO STORE  
gluten free  
SALE OR REPLACEMENT  
48 hour delivery  
NATURAL SUGARS  
gluten free  
protein packed  
suitable for vegetarians  
protein packed  
gluten free  
UP TO 40% MARGINS  
suitable for vegetarians  
sale or replacement  
NATURAL SUGARS  
48 hour delivery  
good fats  
gluten free  
UP TO 40% MARGINS  
DIREC TO STORE  
online ordering

# good fats







# Nature's Table

New recyclable packs

